



## FAQs about Psychological Assessment

***What is a psychological assessment?*** Psychological assessments are used to evaluate individuals for the diagnosis of psychological conditions (e.g., learning disorders, mood disorders, etc.). They can be used to answer questions regarding a variety of areas of functioning, including:

- Measuring intelligence for academic placement
- Evaluating potential learning disabilities and/or Attention Deficit/Hyperactivity Disorder
- Understanding the causes of behavior problems
- Clarifying interpersonal or communication problems
- Diagnosing mental disorders such as depression, anxiety, phobias, etc.

***Note:*** I do not provide forensic, custody, or substance abuse evaluations.

***What is involved in completing a comprehensive psychological assessment?*** Though the specific tests administered will be dependent on the question being asked, a comprehensive psychological assessment will include a clinical interview, an evaluation of academic achievement (if appropriate to the referral question), cognitive functioning, measures of social, emotional, and personality functioning, and a review of pertinent records. All together, it typically takes three to four 4-hour sessions to gather all of this information, though any given case may require more or less time than this estimate. After I review results and write the report, I will schedule a feedback session with you to go over the findings.

***How long will the assessment take?*** The length of time it takes to complete the testing itself will vary based on our ability to schedule and complete the testing sessions. It will take 6 to 8 weeks from the last date of testing to score the measures, review the findings, consolidate the information, and compile the final report. Once the final report is completed I will contact you to schedule a feedback session. During the feedback session I will review the findings with you, provide recommendations, and answer any questions you may have.

***What happens after my assessment is complete?*** Once the assessment is completed and you are provided with the final report, it is yours and you may give it to whomever you feel needs to see it to provide appropriate treatment, accommodations, etc.

***Do you accept insurance for assessment services?*** I am an out-of-network provider. As such, I will collect payment for services up front and provide you with an itemized receipt at the time of the feedback session that can be submitted to your insurance plan for reimbursement. The amount of reimbursement for which you are eligible depends on your insurance policy. You will need to contact your insurance provider for this information.

***How much does an assessment cost?***

Comprehensive Psychological/Psychoeducational Assessment: \$3000

***What type of payment methods do you accept?*** I accept cash, check, or credit cards.